## October 2024 Breakfast & Lynch

MONDAY  TUESDAY  Cheese Breadetick wildarinars  or 'rogurt wildranda'  Appie Widges, Chinge Wedges  Chicken Potstickers  Veggie Sticks  Cheese Breadetick wildarinars  Chicken Potstickers  Cheese Potstickers  Veggie Sticks  Cheese Breadetick wildarinars  Cheese Potstickers  Cheese Potstickers  Cheese Potstickers  Cheese Potstickers  Cheese Bliese wilders  Appie Wedges  Peaches, WG Garic Roll  To Benative Fill Break  To To Benative Fill Break  To Chicken Potstickers  Spaghetti wilhed sauce  Green Stale, Edamane  Lettuco & Tornato Silco  Stamand Com & Carnots  Veggie Stocks, Orange Pruit Gel  Appie Wedges  Peaches, WG Garic Roll  To Benative Fill Break  To Chicken Pathy wiftico  To Carnot William To Cheese  To Carnot William To Cheese  To Carnot William To Cheese Wedges  Peaches  Cheese Blies will Marinars Sauce  Veggie Stocks  Appie Wedges  Peaches  Cheese Blies will Marinars Sauce  Veggie Stocks  Appie Wedges  Peaches  Cheese Blies will Marinars Sauce  Veggie Stocks  Appie Wedges  Peaches  Cheese Blies will Marinars Sauce  Veggie Stocks  Appie Wedges  Peaches  Baked Reason, Colesian  Baby Carnots, Edamanne  White Carnots Silcos  Apple Wedges  Apple Wedges  Apple Wedges  Chicken Pathy Silders  Orange Wedges  Creene Salad, Strawberry Kink Julice  To Come al Wil	MONDAY		TUESDAY WEDNESDAY THURSDAY			EDIDAV			
Cited Windows Apple Wedges, Carage Wedges Chicken Potstickers Chicken Potstickers Cheese Bitas Warrians State Apple Wedges, Carage Wedges Cheese Bitas Warrians State Cheese Bitas Warrians State Model Fitals, Strawberry Kink Julice Cheese Bitas Warrians State Apple Wedges, Carage Wedges Chicken Tenders Windows Cheese Bitas Warrians State Apple Wedges Cheese Bitas Warrians State Cheese Bitas Warrians State Apple Wedges Chicken Tenders Windows Cheese Pitzas Chicken Patty Siders Chicken Patty Siders Chicken Patty Windows Cheese Pitzas Chicken Patty Windows Chicken Patty Windows Cheese Pitzas Chicken Patty Windows Chicken Patty Windows Cheese Pitzas Chicken Patty Windows Chicken Patty Siders Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty Siders Cheese Pitzas Chicken Patty Siders Cheese Pitzas Chicken Patty Siders Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty Siders Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty Siders Cheese Pitzas Chicken Patty Windows Cheese Pitzas Chicken Patty	MONDAY		TUESDAT	WEDNESDAY	4	INURSDAT		FRIDAT	$\longrightarrow$
Apple Wedges, Orange Wedges Apple Wedges, Orange Wedges Apple Wedges, Strawberry Kiul, Julie  Chicken Potatickers Veggie Stoks Green Saled, Edamarne Veggie Stoks, Orange Finit Cel Veggie Stoks, Orange Wedges Veggie Stoks Veg		<b>i</b>	Cheese Breadstick w/Marinara 1	Egg & Cheese Burrito w/Salsa 2	İ	Portuguese Sausage w/Rice	3	Cinnamon Roll w/Pork Patty	4
Chicken Postickers Veggie Sticks Veggie Sticks Apple Wedges Peaches, WG Garlis Roll Postickers Apple Wedges Peaches, WG Garlis Roll Pain Bagel wCream Cheese WG Garlis Roll Pain Bagel wCream Cheese WG Garlis Roll Pain Bagel wCream Cheese WG Garlis Roll Weggie Sticks, Orange Fruit Gel Applessure  Fall Break  Fall Breakfast Burnto & States  Fall Break  Fa			or Yogurt w/Granola	or Cereal w/Toast	┪			•	
Veggle Sticks   Apple Wedges   Peaches, WG Garfe Roll   Veggle Sticks, Orange Fruit Gel   Applessauce   Applessa			Apple Wedges, Orange Wedges	Orange Wedges, Apple Wedges					
Veggle Sticks   Green Salad, Edamanne   Lettuce & Tomato Stice   Apple Wedges   Peaches, WG Garfe Roll   Veggle Sticks, Orange Fruit Gel   Applessuce   Appless									
Apple Wedges 6-2-4 1-3-5 9 10 10 3-5-1 11  Plain Bagel WCream Cheese 6-2-4 13-5-5 10 10 11  Plain Bagel WCream Cheese 6-2-4 13-5-1 10 11  Plain Bagel WCream Cheese 6-2-4 13-5-1 10 11  Plain Bagel WCream Cheese 6-2-4 14 Breakfast Pitzza 15 Chicken Patty wRitce 16 Breakfast Burnto wSalsa 0r Cereal wTloast 0r Yegurt wGranola 0r Yegu			Chicken Potstickers	Spaghetti w/Meat Sauce	Ī	Fish Fillet Sandwich w/Chips		Korean Chicken w/Rice	
Plain Bagel W/Cream Cheese Or Cereal W/Toast Or O			Veggie Sticks	Green Salad, Edamame	T	Lettuce & Tomato Slice		Steamed Corn & Carrots	
Fail Break  Fail B			Apple Wedges	Peaches, WG Garlic Roll		Veggie Sticks, Orange Fruit Gel		Applesauce	
Fall Break  Fall Fall Fall Fall Fall Fall Fall Fal			6—2—4	1—3—5		2—4—6		3—5—1	
Plain Bagel w/Cream Cheese 14 Breakfast Pizza 15 Chicken Patty w/Rice or Cereal w/Toast or Or Gereal w/Toast or Or		7	8	9	H		10		11
Plain Bagel W/Cream Cheese 14 Breakfast Pizza 15 Chicken Patty w/Rice or Cereal w/Toast or Or Gereal w/Toast or Or				0	$\dashv$				
Plain Bagel W/Cream Cheese 14 Breakfast Pizza 15 Chicken Patty w/Rice or Cereal w/Toast or Or Gereal w/Toast or Or				·	+				
Plain Bagel w/Cream Cheese or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast or Orange Wedges, Apple Wedges or Cereal w/Toast or Cereal w/To	***		***	Fall Break	$\dashv$	***		***	
or Cereal wToast or Yogurt wGranola Or Gereal wToast Or Yogurt wGranola Or Or Or Yogurt wGranola Or Or Yogurt wGranola Or Or Or Yogurt wGranola Or Or Or Yogurt wGranola Or Or Yogurt wGranola Or Or Yogurt wGranola Or Yogurt wGrano				Tull Dioux	$\dashv$				
or Cereal wToast or Yogurt wGranola Or Gereal wToast Or Yogurt wGranola Or					$\dashv$				
or Cereal wToast or Yogurt wGranola Or Gereal wToast Or Yogurt wGranola Or		144		46	<del>_</del> _		17		140
Mixed Fruits, Strawberry Kiwi Juice Apple Wedges, Orange Wedges Cheese Bites w/ Marinara Sauce BBQ Pork Sandwich w/Potato Wedges Baked Beans, Coleslaw Baked Beans, Coleslaw Baked Beans, Coleslaw Apple Wedges Peaches Strawberry Fruit Gel Apple Wedges Apple Wedges Cranberry Razz Juice Apple Wedges Apple Wedges Cranberry Razz Juice Apple Wedges Cranberry Razz Juice Apple Wedges Apple Wedges Cranberry Razz Juice Apple Wedges Cranberry Razz Juice Apple Wedges Apple Wedges Cranberry Razz Juice Apple Wedges Cranberry Razz Juice Apple Wedges Apple Wedges Apple Wedges Cranberry Razz Juice Apple Wedges  Strawberry Kiwi Juice Apple Wedges, Strawberry Kiwi Juice Apple Wedges, Orange Wedges Apple Wedges, Apple Wedges Apple Wedges Apple Wedges, Apple Wedges Apple Wedges Apple Wedges Apple Crisp	Plain Bagel w/Cream Cheese	14	Breakfast Pizza	Chicken Patty w/Rice	<u> </u>	Breakfast Burrito w/Salsa	17	Cinnamon Bread Pudding w/Pork Patty	18
Cheese Bites w/ Marinara Sauce Veggie Sticks Apple Wedges Peaches Apple Wedges Peaches Strawberry Fruit Gel Apple Wedges Apple Wedges Apple Wedges Apple Wedges Peaches Apple Wedges Apple				or Cereal w/Toast		or Yogurt w/Granola		or Cereal w/Toast	
Veggie Sticks   Baked Beans, Coleslaw   Baby Carrots, Edamame   Baby Carrots, Veggie Sticks   Cucumbers, Green Salad	Mixed Fruits, Strawberry Kiwi Juice		Apple Wedges, Orange Wedges	Pears, Peaches	_	Pineapple, Apple Wedges		Apple Crisps, Orange Wedges	
Veggie Sticks   Baked Beans, Coleslaw   Baby Carrots, Edamame   Baby Carrots, Veggie Sticks   Cucumbers, Green Salad	01			O	4				
Apple Wedges Peaches Strawberry Fruit Gel Apple Wedges Cranberry Razz Juice  1—3—5 2—4—6 3—5—1 4—6—2 5—1—3  French Toast Sticks 21 Pizza Bagel 22 Chicken Patty Silders or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast Apple Wedges, Grape Juice Orange Wedges, Apple Wedges Pineapple, Apple Crisps Applesauce, Peaches Apple Wedges, Green Salad, Strawberry Kiwi Juice Steamane White Grape Slushie Zucchini, Mixed Fruits  6—2—4 1—3—5 2—4—6 3—5—1 4—6—2  Plain Bagel w/Cream Cheese or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast Orange Wedges, Apple Wedges Orange Wedges Orange Wedges Orange Wedges Orange Wedges Orange Wedges Orange Wedges, Apple Wedges Orange Wedges, Apple Wedges Orange Fruit Gel					4			-	
French Toast Sticks  21 Pizza Bagel  22 Chicken Patty Sliders  or Cereal w/Toast  Apple Wedges, Grape Juice  Cheese Pizza  Chicken Patty Sandwich w/Emoticon Potato  Veggie Sticks, Apple Wedges  Edamame  Cheese Bradstick w/Marinara  Applesauce, Pears  Apple Wedges, Orange Wedges  Chicken Potstickers  Cheese Bradstick w/Marinara  Apple Wedges, Orange Wedges  Chicken Potstickers  Creole Macaroni w/Cheese  Broccoli, Baked Beans  Apple Wedges  21 Pizza Bagel  22 Chicken Patty Sliders  32 Portuguese Sausage w/Rice  24 Coffee Cake w/Turkey Links  52 Coffee Cake w/Turkey Links  62 Coffee Cake w/Turkey Links  63 Coffee Cake w/Turkey Links  64 Coffee Cake w/Turkey Links  65 Coffee Cake w/Turkey Links  67 Coffee Cake w/Toast  67 Coffee Cake w/Turkey Links  67 Coffee Cake w/Turkey Links  67 Coffee Cake w/Turkey Links  67 Coffee Cake w/Toast  67 Coffee Cakes  68 Cheese Bradstock w/Grand  69 Portuguese Sausage w/Rice  79 Portuguese Sausage w/Rice  70 Portuguese Sausage w/Rice  70 Portuguese			· ·	•				<u>'</u>	
French Toast Sticks	•			,	4			<u>'</u>	
or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast Apple Wedges, Grape Juice Orange Wedges, Apple Wedges Pineapple, Apple Crisps Applesauce, Peaches Apple Wedges, Mixed Fruit  Cheese Pizza Chicken Patty Sandwich w/Emoticon Potato Chili Cheese Nachos w/Salsa Cup Beef Patty w/Gravy & Rice Roast Turkey w/Gravy & WG Roll  Veggie Sticks, Apple Wedges Lettuce & Tomato Slice, Apple Wedges Green Salad, Strawberry Kiwi Juice Steamed Carrots, Edamame White Grape Slushie Zucchini, Mixed Fruits  6—2—4 1—3—5 2—4—6 3—5—1 4—6—2  Plain Bagel w/Cream Cheese or Yogurt w/Granola Or Cereal w/Toast Or Yogurt w/Granola Or Cereal w/Toast Or Yogurt w/Granola  Applesauce, Pears Apple Wedges Orange Wedges Orange Wedges Orange Wedges, Apple Wedges Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips  Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice  Apple Veggie Sticks, Orange Fruit Gel	1—3—5		2—4—6	3—5—1	4	4—6—2		5—1—3	$\longrightarrow$
Apple Wedges, Grape Juice Orange Wedges, Apple Wedges Pineapple, Apple Crisps Applesauce, Peaches Apple Wedges, Mixed Fruit  Cheese Pizza Chicken Patty Sandwich w/Emoticon Potato Veggie Sticks, Apple Wedges Edamame Edamame Cheese Pizza Chicken Patty Sandwich w/Emoticon Potato Veggie Sticks, Apple Wedges Edamame Cheese Edamame Cheese Breadstick w/Marinara Plain Bagel w/Cream Cheese Or Cereal w/Toast Applesauce, Pears Apple Wedges Cheese Breadstick w/Marinara Applesauce, Pears Apple Wedges Apple Wedges Apple Wedges Apple Wedges Orange Wedges Apple Wedges, Mixed Fruit Steamed Carrots, Edamame Whipped Potatoes Zucchini, Mixed Fruits  Zucchini, Mixed Fruits  3 -5 -1 4 -6 -2  Plain Bagel w/Cream Cheese Or Cereal w/Toast Or Yogurt w/Granola Applesauce, Pears Apple Wedges, Orange Wedges Orange Wedges, Apple Wedges Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips Broccoli, Baked Beans Veggie Sticks Apple Wedges Apple Wedges Apple Sticks, Orange Fruit Gel	French Toast Sticks	21	Pizza Bagel 22	Chicken Patty Sliders 23	3	Portuguese Sausage w/Rice	24	Coffee Cake w/Turkey Links	25
Cheese Pizza Chicken Patty Sandwich w/Emoticon Potato Veggie Sticks, Apple Wedges Lettuce & Tomato Slice, Apple Wedges Edamame Whipped Potatoes  Edamame White Grape Slushie Zucchini, Mixed Fruits  6—2—4 1—3—5 2—4—6 3—5—1 4—6—2  Plain Bagel w/Cream Cheese or Cereal w/Toast or Yogurt w/Granola Apple Sudges, Orange Wedges Orange Wedges, Apple Wedges Orange Wedges, Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Apple Crisps Apple Wedges Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel	or Cereal w/Toast		or Yogurt w/Granola	or Cereal w/Toast		or Yogurt w/Granola		or Cereal w/Toast	
Veggie Sticks, Apple Wedges       Lettuce & Tomato Slice, Apple Wedges       Green Salad, Strawberry Kiwi Juice       Steamed Carrots, Edamame       White Grape Slushie       White Grape Slushie       White Grape Slushie       White Grape Slushie       Zucchini, Mixed Fruits         6—2—4       1—3—5       2—4—6       3—5—1       4—6—2         Plain Bagel w/Cream Cheese       28       Cheese Breadstick w/Marinara       29       Egg & Cheese Burrito w/Salsa       30       Portuguese Sausage w/Rice       31         or Cereal w/Toast       or Yogurt w/Granola       or Yogurt w/Granola       Orange Wedges, Apple Wedges       Apple Wedges, Strawberry Kiwi Juice         Tasty Tenders w/Rice       Chicken Potstickers       Creole Macaroni w/Cheese       Tuna Sandwich w/Chips         Broccoli, Baked Beans       Veggie Sticks       Green Salad, Edamame       Lettuce & Tomato Slice         Apple Crisps       Apple Wedges       Peaches, WG Garlic Roll       Veggie Sticks, Orange Fruit Gel	Apple Wedges, Grape Juice		Orange Wedges, Apple Wedges	Pineapple, Apple Crisps	Ī	Applesauce, Peaches		Apple Wedges, Mixed Fruit	
Veggie Sticks, Apple Wedges       Lettuce & Tomato Slice, Apple Wedges       Green Salad, Strawberry Kiwi Juice       Steamed Carrots, Edamame       White Grape Slushie       White Grape Slushie       White Grape Slushie       White Grape Slushie       Zucchini, Mixed Fruits         6—2—4       1—3—5       2—4—6       3—5—1       4—6—2         Plain Bagel w/Cream Cheese       28       Cheese Breadstick w/Marinara       29       Egg & Cheese Burrito w/Salsa       30       Portuguese Sausage w/Rice       31         or Cereal w/Toast       or Yogurt w/Granola       or Cereal w/Toast       or Yogurt w/Granola       Apple Wedges, Apple Wedges       Apple Wedges, Strawberry Kiwi Juice         Tasty Tenders w/Rice       Chicken Potstickers       Creole Macaroni w/Cheese       Tuna Sandwich w/Chips         Broccoli, Baked Beans       Veggie Sticks       Green Salad, Edamame       Lettuce & Tomato Slice         Apple Crisps       Apple Wedges       Peaches, WG Garlic Roll       Veggie Sticks, Orange Fruit Gel									
Edamame White Grape Slushie Zucchini, Mixed Fruits 6—2—4 1—3—5 2—4—6 3—5—1 4—6—2  Plain Bagel w/Cream Cheese or Cereal w/Toast or Yogurt w/Granola Applesauce, Pears Apple Wedges, Orange Wedges Orange Wedges Orange Wedges, Apple Wedges Apple Wedges Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Apple Crisps Apple Wedges Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel	Cheese Pizza		Chicken Patty Sandwich w/Emoticon Potato	Chili Cheese Nachos w/Salsa Cup		Beef Patty w/Gravy & Rice		Roast Turkey w/Gravy & WG Roll	ı
Plain Bagel w/Cream Cheese   28   Cheese Breadstick w/Marinara   29   Egg & Cheese Burrito w/Salsa   30   Portuguese Sausage w/Rice   31			Lettuce & Tomato Slice, Apple Wedges	Green Salad, Strawberry Kiwi Juice	4	·		•	
Plain Bagel w/Cream Cheese or Cereal w/Toast Apple Sauce, Pears  Tasty Tenders w/Rice Broccoli, Baked Beans Apple Crisps  Cheese Breadstick w/Marinara  29 Egg & Cheese Burrito w/Salsa or Cereal w/Toast Or Cereal w/Toast Or Cereal w/Toast Orange Wedges, Apple Wedges Orange Wedges Orange Wedges Orange Wedges Orange Wedges Orange Wedges Apple Wedges, Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips Lettuce & Tomato Slice Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel						<u> </u>		·	
or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast or Yogurt w/Granola Orange Wedges, Apple Wedges, Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips  Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice  Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel	6—2—4		1—3—5	2—4—6	4	3—5—1		4—6—2	
or Cereal w/Toast or Yogurt w/Granola or Cereal w/Toast or Yogurt w/Granola Applesauce, Pears Apple Wedges, Orange Wedges Orange Wedges, Apple Wedges, Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips  Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice  Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel	Plain Bagel w/Cream Cheese	28	Cheese Breadstick w/Marinara 29	Egg & Cheese Burrito w/Salsa 30	)	Portuguese Sausage w/Rice	31		1
Applesauce, Pears Apple Wedges, Orange Wedges Orange Wedges, Apple Wedges Apple Wedges, Strawberry Kiwi Juice  Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel					$\dashv$				
Tasty Tenders w/Rice Chicken Potstickers Creole Macaroni w/Cheese Tuna Sandwich w/Chips Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel					十	•			
Broccoli, Baked Beans Veggie Sticks Green Salad, Edamame Lettuce & Tomato Slice Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel			<u> </u>	· · · · · · · · · · · · · · · ·	十	<u> </u>			
Apple Crisps Apple Wedges Peaches, WG Garlic Roll Veggie Sticks, Orange Fruit Gel	Tasty Tenders w/Rice		Chicken Potstickers	Creole Macaroni w/Cheese	Ť	Tuna Sandwich w/Chips			
	Broccoli, Baked Beans		Veggie Sticks	Green Salad, Edamame	T	Lettuce & Tomato Slice			
5—1—3 6—2—4 1—3—5 2—4—6	Apple Crisps		Apple Wedges	Peaches, WG Garlic Roll	ĺ	Veggie Sticks, Orange Fruit Gel			
	5—1—3		6—2—4	1—3—5	j	2—4—6			