

October 2024 Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Cheese Breadstick w/Marinara or Yogurt w/Granola Apple Wedges, Orange Wedges	1 Egg & Cheese Burrito w/Salsa or Cereal w/Toast Orange Wedges, Apple Wedges	2 Portuguese Sausage w/Rice or Yogurt w/Granola Apple Wedges, Strawberry Kiwi Juice	3 Cinnamon Roll w/Pork Patty or Cereal w/Toast Craisins, Peaches
	Chicken Potstickers Veggie Sticks Apple Wedges 6-2-4	Spaghetti w/Meat Sauce Green Salad, Edamame Peaches, WG Garlic Roll 1-3-5	Fish Fillet Sandwich w/Chips Lettuce & Tomato Slice Veggie Sticks, Orange Fruit Gel 2-4-6	Korean Chicken w/Rice Steamed Corn & Carrots Applesauce 3-5-1
7	8	9	10	11
***	***	Fall Break	***	***
14 Plain Bagel w/Cream Cheese or Cereal w/Toast Mixed Fruits, Strawberry Kiwi Juice	15 Breakfast Pizza or Yogurt w/Granola Apple Wedges, Orange Wedges	16 Chicken Patty w/Rice or Cereal w/Toast Pears, Peaches	17 Breakfast Burrito w/Salsa or Yogurt w/Granola Pineapple, Apple Wedges	18 Cinnamon Bread Pudding w/Pork Patty or Cereal w/Toast Apple Crisps, Orange Wedges
Cheese Bites w/ Marinara Sauce Veggie Sticks Apple Wedges 1-3-5	BBQ Pork Sandwich w/Potato Wedges Baked Beans, Coleslaw Peaches 2-4-6	Chicken Tenders w/Potato Wedges Baby Carrots, Edamame Strawberry Fruit Gel 3-5-1	Mini Corn Dogs Baby Carrots, Veggie Sticks Apple Wedges 4-6-2	Hamburger Stew & Rice Cucumbers, Green Salad Cranberry Razz Juice 5-1-3
21 French Toast Sticks or Cereal w/Toast Apple Wedges, Grape Juice	22 Pizza Bagel or Yogurt w/Granola Orange Wedges, Apple Wedges	23 Chicken Patty Sliders or Cereal w/Toast Pineapple, Apple Crisps	24 Portuguese Sausage w/Rice or Yogurt w/Granola Applesauce, Peaches	25 Coffee Cake w/Turkey Links or Cereal w/Toast Apple Wedges, Mixed Fruit
Cheese Pizza Veggie Sticks, Apple Wedges Edamame 6-2-4	Chicken Patty Sandwich w/Emoticon Potato Lettuce & Tomato Slice, Apple Wedges 1-3-5	Chili Cheese Nachos w/Salsa Cup Green Salad, Strawberry Kiwi Juice 2-4-6	Beef Patty w/Gravy & Rice Steamed Carrots, Edamame White Grape Slushie 3-5-1	Roast Turkey w/Gravy & WG Roll Whipped Potatoes Zucchini, Mixed Fruits 4-6-2
28 Plain Bagel w/Cream Cheese or Cereal w/Toast Applesauce, Pears	29 Cheese Breadstick w/Marinara or Yogurt w/Granola Apple Wedges, Orange Wedges	30 Egg & Cheese Burrito w/Salsa or Cereal w/Toast Orange Wedges, Apple Wedges	31 Portuguese Sausage w/Rice or Yogurt w/Granola Apple Wedges, Strawberry Kiwi Juice	
Tasty Tenders w/Rice Broccoli, Baked Beans Apple Crisps 5-1-3	Chicken Potstickers Veggie Sticks Apple Wedges 6-2-4	Creole Macaroni w/Cheese Green Salad, Edamame Peaches, WG Garlic Roll 1-3-5	Tuna Sandwich w/Chips Lettuce & Tomato Slice Veggie Sticks, Orange Fruit Gel 2-4-6	

"This institution is an equal opportunity provider."
 Menus are subject to change without notice "All meals include a choice
 of 1% white or skim milk."